

Let's do this, Mama!



Check List ✓

1. Electric Breast Pump
2. Extra bottles with lids (2)
3. Hands-free Bra & BF friendly Top
4. Extra set of pump parts
5. Water bottle & Snack
6. Breastmilk storage bags
7. Cooler bag & ice packs
8. Sanitizing wipes for hands
9. Nursing pads
10. Picture or video of baby
11. TLM Door hanger for privacy

Notes: Add other items you may need: